

Support For Your Child's Sleep Concerns



Is your child having difficulty going to bed or falling asleep?

Are you concerned about the amount or quality of sleep for your child?

Are you having difficulty getting your child to sleep in his/her own bed?

You are not alone!!

Join us for information sharing

April 1

May 6

June 3

**John Tod/
Early Learning
Centre**

10:45-12:30

For more info:

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Children's Therapy &
Family Resource Centre
250-371-4100 # 203**

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