

## When might you need family support?

- Times of transition (ie: to kindergarten, to highschool, etc)
- When you need to advocate for services or financial assistance
- When you need to understand existing systems such as the school system, Ministry of Child and Family Development, etc.
- When you want to suggest a workshop or speaker, or learn about upcoming workshops
- When you feel alone or unheard in your efforts to advocate for your child

## Who can refer a child for family services?

Anyone: parents, relatives, doctors & health care professionals, teachers, etc. The parent/legal guardian must be aware and give their consent.

## How is a referral made?

Our referral form is available at the centre or on our website. The completed form can be mailed, faxed or e-mailed to the centre. You can also make a referral by telephone.

## What do family services cost?

There is no cost. Programs are funded through the Ministry of Children and Family Development and local School Districts.

For referrals or inquiries please contact:

### Children's Therapy and Family Resource Centre

*Owned and operated by:  
Thompson Nicola Family Resource Society*

[www.kamloopschildrenstherapy.org](http://www.kamloopschildrenstherapy.org)  
[info@kamloopschildrenstherapy.org](mailto:info@kamloopschildrenstherapy.org)

# Children's Therapy & FAMILY RESOURCE CENTRE

## Family Services



### Kamloops Location

801 McGill Road, Kamloops, BC V2C 6R1  
TEL (250) 371-4100 - FAX (250) 371-4120

### Merritt Location

2187A Coutlee Avenue, Merritt, BC V1K 1A9  
TEL (250) 378-9676 - FAX (250) 378-4015

Toll Free: 1-855-370-4100

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## **Role of the Family Support Consultant:**

The Family Support Consultant (FSC) works with the Supported Child Development Program and the Therapy Department staff regarding a variety of issues pertaining to children and families. The FSC will liaise with outside agencies in regards to support resources for children and families.

The Family Support Consultant provides case management by coordinating the center's intake process, assessing needs, providing liaison with resources in the region and connecting families with resources and services.

The Family Support Consultant also provides consultation and group programs for parents, children and others in the community.

## **The Family Support Consultant can assist with:**

### **Support:**

listening to parent/caregiver concerns

### **Information and Resources:**

such as child development, positive behaviour management, special needs, specialized programs, support groups, activities and funding

### **Advocacy:**

helping families access resources and support within their community

### **Parent Resources:**

parenting classes, connection with other parents, strategies, resources

### **Service Coordination:**

Kindergarten transition and info on services for moving to other communities

## **Groups:**

### **Sibshop**

This is a 7 hour workshop for kids. Its purpose is to help them understand what having a brother or sister with special needs means to their family. It will also focus on how the sibling can find constructive and appropriate ways to express their feelings and to get their needs met.

### **Active Parenting**

This workshop is for parents of children ages 3-12 years. It provides information on communication techniques, cooperation strategies, styles of parenting, non-violent discipline and the power of encouragement.

